

## ***Healthy Native Babies Project*** **Training Pre-Test**

Trainee Code: \_\_\_\_\_

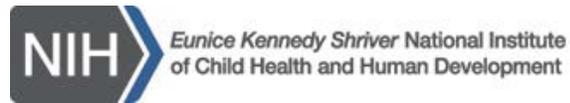
Training Location: \_\_\_\_\_

Training Date: \_\_\_\_\_

Please circle whether you think the statements below are true (T) or false (F).

<b>Statement</b>	<b>True</b>	<b>False</b>
1. SIDS is the leading cause of infant death between 1 month and 1 year of age.	T	F
2. The SIDS rate for American Indians/Alaska Natives is 2-4 times higher than the national average.	T	F
3. Alcohol use before and during pregnancy increases the risk of SIDS.	T	F
4. The place where the baby sleeps should have bumpers, toys, or soft items in it.	T	F
5. When a baby shares a bed with a caregiver who has been smoking, the risk of SIDS and other sleep-related causes of infant death increases.	T	F
6. Breastfeeding is associated with a lower risk of SIDS.	T	F
7. Back sleeping increases the risk of choking.	T	F
8. Pacifier use at bedtime decreases the risk of SIDS.	T	F
9. The infant back sleeping position is for night-time only.	T	F
10. Public health nurse visits may protect against SIDS.	T	F
11. The risks of infant suffocation during sleep can be reduced.	T	F
12. The risks of SIDS and other sleep-related causes of infant death can be reduced.	T	F

Turn Over →



We think that training participants will have a variety of opinions about SIDS or other sleep-related causes of infant death. Please circle the option that best describes how much you agree or disagree with the statements below.

Statement	Strongly Agree	Agree	Disagree	Strongly Disagree
13. Only parents of babies need to learn about how to reduce the risk of SIDS and other sleep-related causes of infant death.	Strongly Agree	Agree	Disagree	Strongly Disagree
14. Parents should be told to never sleep with their baby.	Strongly Agree	Agree	Disagree	Strongly Disagree
15. If a mother chooses to sleep with her baby, there are things she can do that might reduce the risk of suffocation.	Strongly Agree	Agree	Disagree	Strongly Disagree
16. Using guilt and shame is an effective way to change caregivers' behavior.	Strongly Agree	Agree	Disagree	Strongly Disagree
17. I feel confident in my overall knowledge of SIDS and other sleep-related causes of infant death.	Strongly Agree	Agree	Disagree	Strongly Disagree
18. I feel confident that I can educate parents and caregivers about SIDS and other sleep-related causes of infant death.	Strongly Agree	Agree	Disagree	Strongly Disagree
19. I feel confident that I can help parents and caregivers reduce the risk of SIDS and other sleep-related causes of infant death.	Strongly Agree	Agree	Disagree	Strongly Disagree
20. I feel comfortable demonstrating how to make a baby's sleep environment safer.	Strongly Agree	Agree	Disagree	Strongly Disagree
21. I feel comfortable talking with mothers about how smoking or second-hand smoke exposure can increase the risk of SIDS.	Strongly Agree	Agree	Disagree	Strongly Disagree
22. I feel comfortable encouraging elders who smoke not to smoke inside a house or vehicle when an infant is inside.	Strongly Agree	Agree	Disagree	Strongly Disagree
23. I will deliver risk-reduction education to parents or caregivers about SIDS and other sleep-related causes of infant death within the next three months.	Strongly Agree	Agree	Disagree	Strongly Disagree
24. I will give out <i>Healthy Native Babies Project</i> health education print materials in the communities where I work within the next three months.	Strongly Agree	Agree	Disagree	Strongly Disagree

Thank you for completing this pre-test. Enjoy your training!