

NIH Clinical Trials Policy and Implementation

Michael S Lauer, MD
Deputy Director for Extramural Research
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165th Meeting of the National Advisory Child Health and Human Development Council

September 14, 2017

Building 31, C-Wing, Conference Room 6, NIH Campus, Bethesda, MD

Disclosures: None

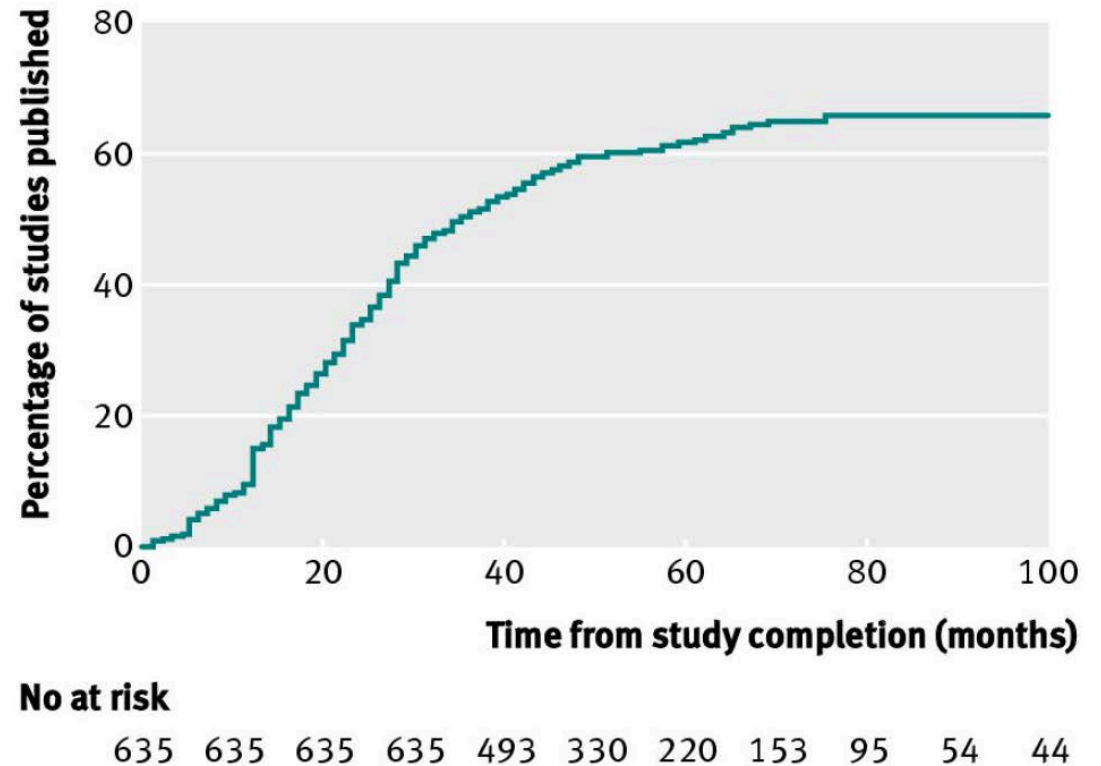


RESEARCH

Publication of NIH funded trials registered in ClinicalTrials.gov: cross sectional analysis

 OPEN ACCESS

Joseph S Ross *assistant professor of medicine*^{1,2}, Tony Tse *program analyst at ClinicalTrials.gov*³, Deborah A Zarin *director of ClinicalTrials.gov*³, Hui Xu *postgraduate house staff trainee*⁴, Lei Zhou *postgraduate house staff trainee*⁴, Harlan M Krumholz *Harold H Hines Jr professor of medicine and professor of investigative medicine and of public health*^{2,5,6}



“There are many [NIH-funded] trials not covered by [FDAAA], such as trials of behavioral interventions and surgical procedures. **No policies exist** to make sure that the public has access to results from NIH funded research that is not published”

The NEW ENGLAND JOURNAL of MEDICINE

SPECIAL ARTICLE

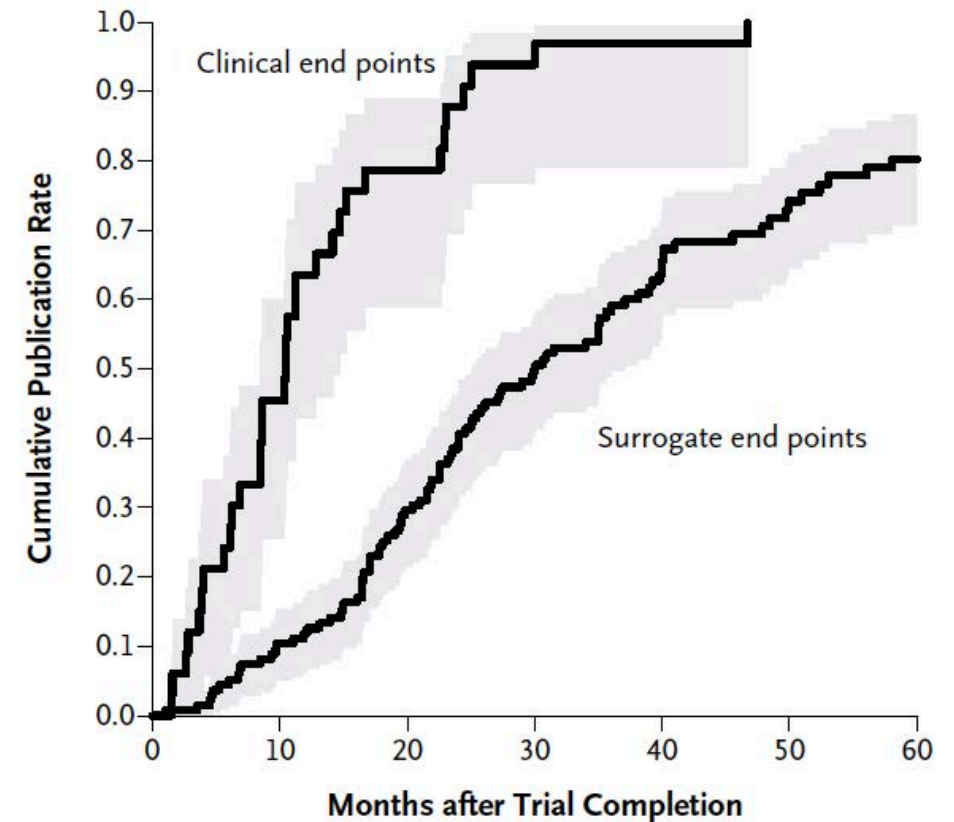
Publication of Trials Funded by the National Heart, Lung, and Blood Institute

David Gordon, M.D., Ph.D., Wendy Taddei-Peters, Ph.D., Alice Mascette, M.D.,
Melissa Antman, Ph.D., Peter G. Kaufmann, Ph.D., and Michael S. Lauer, M.D.

ABSTRACT

“A number of parties share responsibility, **including funders**, investigators, academic medical centers, [universities], clinical research organizations, and ... journals.”

Unadjusted rate ratio, 5.47 (95% CI, 3.74–7.98); P=0.001
Adjusted rate ratio, 2.11 (95% CI, 1.26–3.53); P=0.004



No. at Risk

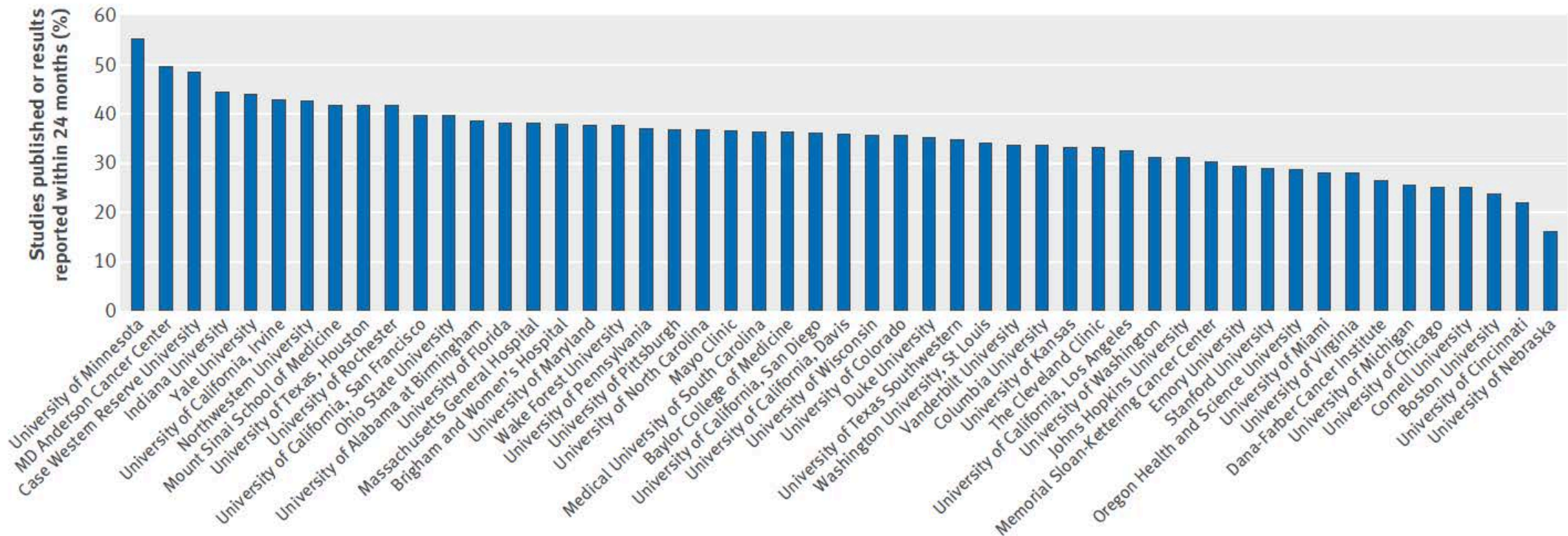
Surrogate end points	199	158	110	67	40	24	16
Clinical end points	45	22	7	2	1	0	0

OPEN ACCESS



Publication and reporting of clinical trial results: cross sectional analysis across academic medical centers

Ruijun Chen,¹ Nihar R Desai,^{2,3} Joseph S Ross,^{3,4,5,6} Weiwei Zhang,³ Katherine H Chau,¹ Brian



“Despite the **ethical mandate** and expressed values of academic institutions, there is poor performance and noticeable variation in the dissemination of clinical trial results across leading academic medical centers.”



OPINION POLICY-ISH

Academic Medical Centers Get An F In Sharing Research Results

February 23, 2016 · 1:59 PM ET

HARLAN KRUMHOLZ



Who will check the study results if they aren't made public?
Simone Golob/Corbis

“We have a bottleneck at our nation's bastions of research excellence. Too many times, study results are neither reported on the government website, clinicaltrials.gov, nor published in a journal.

The failure to share results is so pervasive that it seems inappropriate to blame individuals. Instead, it is a systemic problem.”

Continued... “Sharing Results Should Not Be Optional”

OPINION POLICY-ISH

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“Not reporting results violates the basic principle of the scientific method. It hurts patients, society and science. It dishonors the people who gave their consent and bore the risk of participating...”

The holding back of the results impedes progress toward scientific breakthroughs, corrupts the medical literature and wastes research funding.”



United States Government Accountability Office
Report to Congressional Committees

March 2016

NATIONAL INSTITUTES OF HEALTH

Additional Data Would
Enhance the
Stewardship of
Clinical Trials across
the Agency

“NIH’s OD reviews some data on clinical trial activity across NIH but has not finalized what additional data it needs or established a process for using these data to enhance its stewardship.

NIH is limited in its ability to make data-driven decisions regarding the use of its roughly \$3 billion annual investment in clinical trials.”

GAO-16-304



National Institutes of Health
Office of Extramural Research

Notice Number:

NOT-OD-15-015

Key Dates

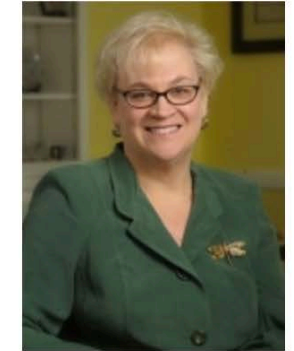
Release Date: October 23, 2014

Rock Talk

Helping connect you with the NIH perspective

Posted on **November 19, 2014** by **Sally Rockey**

A Proposed HHS Regulation and NIH Policy to Further the Impact of Clinical Trials Research



Dr. Sally Rockey

VIEWPOINT

Kathy L. Hudson, PhD
National Institutes of Health, Bethesda, Maryland.

Francis S. Collins, MD, PhD
National Institutes of Health, Bethesda, Maryland.

Sharing and Reporting the Results of Clinical Trials

The principle of data sharing dates to the dawn of scientific discovery—it is how researchers from different disciplines and countries form collaborations, learn from others, identify new scientific opportunities, and work to turn newly discovered information into shared knowledge and practical advances. When research involves human volunteers who agree to participate to test new drugs, devices, or other interventional products, the principle of data sharing properly assumes an ethical mandate. These participants

be blamed entirely. A recent analysis of 400 clinical studies revealed that 30% had not shared results through publication or through results reporting in ClinicalTrials.gov within 4 years of completion.⁴ This is a serious issue and the proposed rule underscores the intent of NIH to take strong action to promote timely

Compendium of Public Comments on the
Draft NIH Policy on Dissemination of NIH-Funded Clinical Trial Information
November 19, 2014 – March 29, 2015



42 CFR Part 11

[Docket Number NIH-2011-0003]

RIN: 0925-AA55

Clinical Trials Registration and Results Information Submission



Effective Date

This policy is effective January 18, 2017.

Date: September 12, 2016

Francis S. Collins, M.D., Ph.D.
Director
National Institutes of Health

“A fundamental premise of all NIH-funded research is that the results must be disseminated ...

In research involving human beings, scientists have **an ethical obligation** to ensure that the burden and risk that volunteers assume comes to something, at the very least by ensuring that others are aware of the study and that its findings contribute...”

<https://www.federalregister.gov/documents/2016/09/21/2016-22379/nih-policy-on-the-dissemination-of-nih-funded-clinical-trial-information>

JAMA Published online September 16, 2016

Opinion


VIEWPOINT

Toward a New Era of Trust and Transparency in Clinical Trials

Kathy L. Hudson, PhD
National Institutes of Health, Bethesda, Maryland.

Michael S. Lauer, MD
National Institutes of Health, Bethesda, Maryland.

Francis S. Collins, MD, PhD
National Institutes of Health, Bethesda, Maryland.

 Supplemental content

Clinical trials are the most publicly visible component of the biomedical research enterprise, from the potential human application of novel laboratory findings to the generation of robust evidence about treatments or preventive interventions in routine clinical care. These trials are also the point at which biomedical research most directly engages human participants—dedicated volunteers who trust investigators to uphold the highest standards of scientific rigor and ethical oversight. While clinical trials have evolved and improved over time—producing impressive advances in diagnosis, treatment, and prevention—there are still major challenges. Therefore, fundamental changes are needed to reflect science and society's movement to increase efficiency, accountability, and transparency in clinical research.

As the largest public funder of clinical trials in the United States, currently investing more than \$3 billion

The aim is to help ensure that all involved in the clinical trial enterprise have the appropriate knowledge about the design, conduct, monitoring, recording, analysis, and reporting of clinical trials. While GCP training on its own may not be sufficient, it provides a consistent and high-quality standard.

Another important change at the beginning of the clinical trial lifecycle is a new NIH policy that will require all applications for clinical trials to be submitted in response to clinical trial-specific Funding Opportunity Announcements (FOAs). This will mean that applications including one or more clinical trials will no longer be accepted in response to parent funding announcements, which are broad FOAs that allow researchers to submit investigator-initiated applications without specific elements appropriate to describe and evaluate a trial. Under this policy, NIH trial applications will need to con-



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Helping connect you with the NIH perspective, and helping connect us with yours

Posted on September 16, 2016 by Mike Lauer and Carrie Wolinetz

Building Better Clinical Trials through Stewardship and Transparency



— Dr. Carrie Wolinetz is NIH's Associate Director for Science Policy, and writes

NIH is the largest public funder of clinical trials in the United States. As stewards of this research enterprise, we have been actively listening and discussing how to overcome hurdles and shortcomings that we, and others in the research community, have identified. If you've been following the conversation, you'll know that NIH already has implemented some key reforms to enhance clinical trial stewardship. Today, in a [Viewpoint Essay](#) published in the Journal of the American Medical Association (JAMA), we provide an overview of how these reforms, and new initiatives, fit in to the broader picture of building a better clinical trial enterprise through better stewardship, accountability, and transparency.



Dr. Michael Lauer is NIH's Deputy Director for Extramural Research, serving as the principal scientific leader and advisor to the NIH Director on the NIH extramural research program.

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NIH Policy on the Dissemination of NIH-Funded Clinical Trial Information

Notice Number: NOT-OD-16-149



NIH National Institutes of Health Office of Extramural Research

42 CFR Part 11

[Docket Number NIH-2011-0003]

RIN: 0925-AA55

Clinical Trials Registration and Results Information Submission



Effective Date

This policy is effective January 18, 2017.

Date: September 12, 2016

Francis S. Collins, M.D., Ph.D.

Director

National Institutes of Health

“We disagree with commenters who suggested that there is no need for coverage of certain types of trials. The benefits of transparency and the need to fulfill **the ethical obligation to participants** is as relevant to these types of trials as to any other type.

We believe that 12 months represents an appropriate balance between investigators’ interests and the interests of the public in **having access to the results of a publicly funded trial.**”

<https://www.federalregister.gov/documents/2016/09/21/2016-22379/nih-policy-on-the-dissemination-of-nih-funded-clinical-trial-information>

Enabling Systems (Culture) Change

Clinical Trial Processes



New NIH Reforms & their start dates



GAO United States Government Accountability Office
Report to Congressional Committees

VIEWPOINT Sharing and Reporting the Results of Clinical Trials

Data for Stewardship



NATIONAL INSTITUTES OF HEALTH
Additional Data Would Enhance the Stewardship of Clinical Trials across the Agency



Register



Report Results



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Policy & Compliance

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Clinical Trial Requirements for Grants and Contracts

NIH is launching a series of initiatives that are rolling out in 2017-2018 to enhance the accountability and transparency of clinical research. These initiatives target key points along the whole clinical trial lifecycle from concept to results reporting. Learn more about these changes and how they will affect your research.

NIH Definition of a Clinical Trial

A research study in which one or more human subjects are prospectively assigned to one or more interventions (which may include placebo or other control) to evaluate the effects of those interventions on health-related biomedical or behavioral outcomes. [Learn more](#)

Your human subjects study may meet the NIH definition of a clinical trial.

FIND OUT HERE

Related Resources

[FAQs](#)

[Training Resources](#)

[Research Involving Human Subjects](#)

[ClinRegs: international clinical trials regulations](#)

[Clinicaltrials.gov](#)

[For NIH Staff](#)



Wide Range



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Requirements for Registering & Reporting NIH-funded Clinical Trials in ClinicalTrials.gov

All NIH-funded clinical trials are expected to register and submit results information to [Clinicaltrials.gov](#), as per the "NIH Policy on Dissemination of NIH-Funded Clinical Trial Information" for competing applications submitted on or after 1/18/2017. This website provides resources for understanding and complying with this NIH policy and the federal regulations in Section 801 of the Food and Drug Administration Amendments Act (FDAAA 801) as implemented by 42 CFR Part 11 (Final Rule).

Steps for NIH Applicants & Grantees

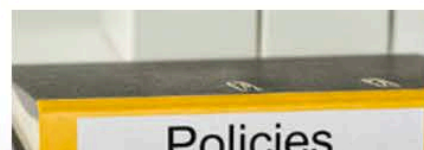


This decision tree guides you through specific actions and checkpoints related to the NIH policy and federal regulations on registering and submitting results information to [Clinicaltrials.gov](#).

Related Resources

[FAQs](#)[Training Resources](#)[Research Involving Human Subjects](#)[ClinRegs: international clinical trials regulations](#)[Clinicaltrials.gov](#)[For NIH Staff](#)

Related Resources

[Frequently Asked Questions](#)

Policy and Regulations on Clinicaltrials.gov Registration and Reporting

VIEWPOINT

Toward a New Era of Trust and Transparency in Clinical Trials

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“To realize the benefits of a clinical trial, the data must be broadly shared quickly. The DHHS has released a regulation for registration and summary results reporting. The NIH **will withhold clinical trial funding** if the agency is unable to verify adequate registration and results reporting...”

Accountability, Ethical Mandate, Transparency - About Time



A surprising amount of medical research isn't made public. That's dangerous.

Updated by Stephanie Wykstra | Aug 1, 2017, 8:40am EDT

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Dan Kitwood / Staff



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When the results of clinical trials aren't made public, the consequences can be dangerous — and potentially deadly.



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NEWS RELEASES

Wednesday, November 19, 2014

HHS and NIH take steps to enhance transparency of clinical trial results



UPDATE: The deadline for comments on the Notice of Proposed Rule Making (NPRM) and the NIH policy for clinical trials reporting has been extended to 5:00 p.m. ET on Monday, March. 23. For more information, please see the latest Federal Register Notices for the NPRM and for the proposed NIH Policy, which posted on February 13, 2015.

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Related Links

[NPRM Federal Register Notice](#) pdf

[NIH Guide to Proposed NIH Policy](#)

[Summary of Proposed Changes](#)

<https://www.vox.com/the-big-idea/2017/8/1/16012946/clinical-trial-research-public-transparency>
<https://www.nih.gov/news-events/news-releases/hhs-nih-take-steps-enhance-transparency-clinical-trial-results>



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