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## Microstructure and exchange are not always linked

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### Synopsis

**Keywords:** Microstructure, Brain, low-field high-gradient

**Motivation:** To understand the mechanisms of water exchange.

**Goal(s):** To determine the extent that DEXSY-based water exchange measurements depend on changes to tissue microstructure (e.g., cellular swelling/shrinking).

**Approach:** NMR measurements of ADC, exchange rate and light microscopy measurements of intrinsic optical signal (IOS) are acquired simultaneously in real time on viable and dead *ex vivo* neural tissue during potassium and osmotic perturbations.

**Results:** In dead samples, exchange, ADC, and IOS are similarly affected. In viable samples, however, some perturbations affect exchange differently than they do the ADC and IOS that reflect changes in microstructure alone. Exchange may be physiologically regulated independently of cell volume.

**Impact:** Water exchange is sensitive to cellular processes distinct from microstructure and blood flow. This measurement possibly could lead to a new fMRI method.

### Introduction

The rate constant of transmembrane water exchange characterizes the turnover or mixing between intracellular and extracellular water pools, which has been shown to be linked to both active and passive transport processes<sup>1-3</sup>. It is predicted to depend linearly on the membrane surface-to-volume ratio. However, we recently showed that an oxygen and glucose deprivation model of stroke affects exchange differently than the ADC<sup>3</sup>. Here we explore this phenomenon further using hypertonic and potassium perturbations on dead and viable *ex vivo* neural tissue.

### Methods

Simultaneous real-time MR and optical microscopy measurements were acquired during perturbations to *ex vivo* neonatal mouse spinal cords building on previously published methods<sup>4,5</sup>. MR measurements were performed at 13.79 MHz with a low-field, high-gradient, single-sided NMR-MOUSE system<sup>6</sup>.

Apparent diffusion coefficient (ADC) was measured from diffusion signals acquired with  $b=0.025$  and  $2.25 \mu\text{s}/\text{mm}^2$ . Exchange rate was measured from an interpolation between the log-difference of diffusion exchange spectroscopy (DEXSY) signals acquired using a constant  $b_2=b_1=4.5 \mu\text{s}/\text{mm}^2$  and  $b_0=b_2-b_1=0.195 \mu\text{s}/\text{mm}^2$  and a short, intermediate, and long mixing time,  $t_m=0.2, 10$ , and  $100$  ms. This results in 16 seconds per ADC measurement, 24 seconds per exchange rate measurement, and 40 seconds in total per data set. It is noteworthy that to the best of our knowledge this is the fastest ever DEXSY-based exchange rate method described. However, it does not account for  $T_1$  relaxation during  $t_m$ , it assumes that the short and long  $t_m$  are on timescales shorter and longer than exchange processes occurring in the tissue, and it is weighted towards changes occurring on the timescale of the intermediate exchange time. These factors lead to values being different from those measured with methods involving model fitting of an entire range of  $t_m$  values and accounting for  $T_1$  relaxation<sup>3,8</sup>.

For the IOS measurements, a wide-field inverted microscope (Axiovert 200 M Zeiss) was used with 680 nm transmitted light illuminating the sample at  $90^\circ$  to the objective. The intrinsic optical signal (IOS) was calculated from a region of interest (ROI) from images acquired every 30 seconds.

### Results

Plasma membranes are permeable to  $K^+$  and  $Cl^-$  but not sucrose. Therefore, in dead or inactive tissue, 50 mM KCl does not affect tonicity whereas 100 mM sucrose does. As expected, exchange rate, ADC and IOS are not affected by 50 mM KCl, whereas they increase during 100 mM sucrose and recover during the washout with normal aCSF (Figure 1). ADC and IOS increase due to cellular swelling. Exchange rate follows a similar trend to ADC and IOS, suggesting some underlying connection in dead tissue specimen.

In viable neural tissue, cells attempt to maintain homeostatic volume and transmembrane voltage by regulating active and passive ion transport. Because of this, perturbations are expected to illicit different structural changes, in addition to functional changes. Indeed, 50 mM KCl causes ADC and IOS to decrease, consistent with cellular swelling and reduction in extracellular volume (Figure 2). Exchange also decreases. When the sample is washed with normal aCSF after 20 minutes of 50 mM KCl, IOS tends to recover suggesting normalization of the extracellular space fraction. Interestingly, ADC first drops down before recovering. This effect was noted previously and may be a glial or astrocytic response<sup>5</sup>. During the aCSF wash, exchange shows an initial drop in some cases but not in others and shows variable levels of recovery across samples. 40 minutes of KCl illicit similar behavior to 20 minutes, although exchange shows a second drop during the perturbation and less recovery during the wash (Figure 3).

Lastly, addition of 100 mM sucrose on viable samples causes ADC and IOS to increase, although less than for the dead sample (Figure 4). This shows that intra and extracellular volumes are being regulated. Interestingly, 100 mM sucrose does not affect exchange, unlike for the dead sample. Exchange decreases during the wash, perhaps because the samples have difficulty withstanding sharp osmotic reductions.

### Discussion

Altogether, exchange trends distinctly from ADC in IOS in some cases. This is surprising, as typically exchange is thought to depend linearly on the surface-to-volume ratio. One possible explanation is that in heterogeneous environments such as neural tissue there exists a broad distribution of membrane length scales and surface-to-volume ratios. The range of membrane length scales that DEXSY is sensitive to is much smaller than the width of the distribution. A shift in the distribution with cellular swelling/shrinking may not necessarily change the measured rate of exchange if there is no change in active or passive water transport. Exchange may be physiologically regulated independently from cell volume.

### Acknowledgements

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### Figures

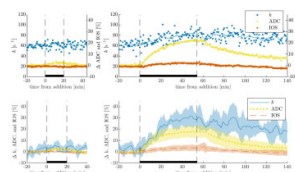


Figure 1. Simultaneous real-time NMR and IOS during potassium and hypertonic perturbations on dead samples. Real-time measurements while the media is perturbed from normal aCSF to aCSF + 50 mM KCl and back to aCSF (left figures), and from normal aCSF to aCSF + 100 mM sucrose and back to aCSF (right figures). Top figures show a representative sample. Bottom figures show the mean

(solid line) and standard deviation (shaded bands) across n=4 samples.

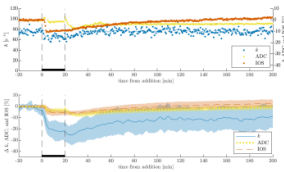


Figure 2. Simultaneous real-time NMR and IOS during shorter potassium perturbations on viable samples. Real-time measurements while the media is perturbed from normal aCSF to aCSF +50 mM KCl and back to aCSF for 20 minutes. Top figures show a representative sample. Bottom figures show the mean (solid line) and standard deviation (shaded bands) across n=5 samples.

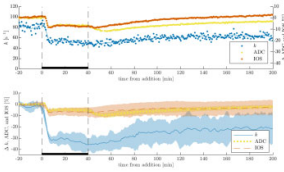


Figure 3. Simultaneous real-time NMR and IOS during longer potassium perturbations on viable samples. Real-time measurements while the media is perturbed from normal aCSF to aCSF +50 mM KCl and back to aCSF for 40 minutes. Top figures show a representative sample. Bottom figures show the mean (solid line) and standard deviation (shaded bands) across n=5 samples.

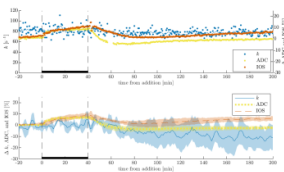


Figure 4. Simultaneous real-time NMR and IOS during hypertonic perturbations viable on samples. Real-time measurements while the media is perturbed from normal aCSF to aCSF +100 mM sucrose and back to aCSF. Top figures show a representative sample. Bottom figures show the mean (solid line) and standard deviation (shaded bands) across n=4 samples.

